

The Catholic Parishes of Crawford County

May 17th & 18th, 2025

Fifth Sunday of Easter



As I have loved you, so you also should love one another.
This is how all will know that you are my disciples,
if you have love for one another.

John 13:31-35

Mass Schedules:

Holy Cross

Saturday 6:00 p.m. **Sunday 8:00 a.m. & 10:00 a.m.**
Tuesday 8:30 a.m. Wednesday 8:30 a.m. Friday 8:00 a.m.
Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Sunday ~~CANCELLED~~ 8:00 a.m. Sunday ~~CANCELLED~~ 8:30 a.m.

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.
Phone: (573) 885-3520 Fax: (573) 885-3501
Address: 415 W. School Ave., Cuba, MO 65453
Email: hcccuba@gmail.com
Web: holycrosscubamo.org

Fr. Anthony (Tony) Onyeihe: (573) 462-6522
aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226

Deacon Rick Vise: (573) 885-3520 rvise@diojeffcity.org

Holy Cross School Office:

Phone: (573) 885-4727
Email: holycrossschoolcuba@gmail.com
Website: www.hcschoolcuba.org
Principal, Melinda Osentoski:
holycross.osentoski@gmail.com

School Advisory Members:

Aminta Abdinova	Mike Kempf
Alan Collins	Christy Moreland
	Kathy Royal

Parish Council Members:

Jim Bathe	Mike Kempf
Jerry Dubbelde	RuthAnn Kuethe
Alice Engelbrecht	Esli Navarro
Joe Howdeshell	Diane McCameron
Don Hudson	Ruth Woodson
Vicky Dunakey	

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	

Bishop McKnight's Monthly Prayer Intention:

"For all who have suffered abuse, that they may experience healing and restoration. That we may be ever-vigilant in protecting the vulnerable and ensuring our parishes remain places of safety, love, and respect. We pray to the Lord."



- May 20** – Mass of Thanksgiving - 5:30 p.m.
Archbishop Shawn McKnight at Diocese of Jefferson City
- May 31** – The Visitation of the Blessed Virgin Mary
- June 1** – The Ascension of the Lord
- June 3** – Joint Pastoral and Finance Council Meeting
- June 7** – Altar Society Rummage Sale – 8 a.m. – 2 p.m.
- June 8** – Pentecost Sunday
- June 15** – Holy Trinity
– Father's Day
- June 22** – The Most Holy Body and Blood of Christ (Corpus Christi)
- June 24** – The Nativity of St. John the Baptist
- June 27** – The Most Sacred Heart of Jesus

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 5/19 – 5/25, 2025

- 20 H.C. Tues. 8:30 p.m. - Lawrence Clark ☩
 21 H.C. Wed. 8:30 a.m. - No intention requested
 22 St.F. Thurs. 8:00 a.m. - No intention requested
 23 H.C. Fri. 8:00 a.m. - Pope Francis ☩
 24 St.F. Sat. 4:00 p.m. - Gene & Dan Springer ☩
 24 H.C. Sat. 6:00 p.m. - Marlene Karns ☩
 25 H.C. Sun. 8:00 a.m. - People of the parish
 25 H.C. Sun. 10:00 a.m. - Charles and Evelyn Winkels ☩

Parish Collections: May 11 & 12, 2025

Parish	Envelopes		Loose		Total
Holy Cross	\$5,346.00	+	\$647.00	=	\$5,993.00
St. Michael	\$350.00	+	\$225.00	=	\$575.00
St. Francis	\$608.20	+	\$1,155.00	=	\$1,763.20



Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, James Ray, Norbert Reinsch, Allen Havard, Clayton Miller, Mike Catlett, Kayla Pitts, Merry Cloer, Doug Winn, Chuck Walls.

Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m. There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro.
What hour can you be before the Blessed Sacrament?

Faith Formation:



Thanks to all who volunteered for Faith Formation! **Catechists:** Mark Havard, Debbie Hillyer, Diana Keeven, Michelle Leos, Kathy Melloh, Maureen Sarles, and Pat Shearrer. **Receptionists:** Donna Conduitt and JoAnn Bayless,

Coordinator: Sister Karen Thein SSND. They made this past year of Faith Formation an enriching year in the Faith. Thank you to the parents, grandparents and guardians who were faithful in bringing the children to the classes. And a sincere "thank you" to the children who came, participated and grew in their Faith life. (There were 35 children who attended.)

The Faith Formation process is a wonderful way to help your children understand and practice their Faith. It is the way the Church offers to help you as parents to educate the children and promote spiritual growth.

OCIA - Order of Christian Initiation of Adults:



The Elect (those receive into the Church on Holy Saturday) will meet on Sunday, May 18th at 1:00 p.m. in the Parish Office!
 This is Mystagogia time!



Order of Christian Initiation for Adults

OCIA is a process in which the Church invites adults (18 and older) who have not been baptized or baptized in another Faith Tradition or who have not completed the sacraments of Initiation (First Holy Communion and/or Confirmation), to come together to learn more about the Catholic Church.

If you are interested in learning more about the Catholic Faith, please contact the office, or register on line. You can also speak with Sister Karen.

If there are parishioners that know of someone who would be interested in this process (OCIA), please speak with them and encourage them to contact the office.

First Eucharist:



Congratulations to the children who received their First Holy Communion on May 11th (Good Shepherd Sunday and Mother's Day) We rejoice in this milestone in their faith journey and pray for God's blessings to continue to guide them throughout their lives.

Dominic Steven – James Barton

Brilee Fayden Chandler

Emiliano Contreras

Paxton Dismang

Mateo Godinez

Piper Renae Tallent

Seven Sisters Apostolate & Fasting Brothers:

Our parish has joined the Seven Sisters Apostolate, a prayer ministry dedicated to spiritually strengthening our priests. In this ministry, seven women each commit to one holy hour of prayer per week, covering one priest in prayer every day. Men can also participate as Fasting Brothers, forming a group of six who each fast one day a week (excluding Sundays) for the same priest. This ministry is part of a national registry overseen by the Diocesan Apostolate. Prayer resources and materials for a prayer book are available on the Seven Sisters website. sevensistersapostolate.org Jill Kliethermes will at the 10 a.m. Mass this Sunday, May 18, to give a brief talk and will be available to meet in the parish hall after Mass for those interested.



Baby Bottle Boomerangs:

This weekend (May 17th & 18th) you will find baby bottles for the “Baby Bottle Boomerangs” fundraiser at each parish. Please take a bottle and fill it with a donation for the lifeline Pregnancy center in Cuba, Mo. This organization offers: Free Pregnancy Tests, Confidential Peer Counseling, Information on Pregnancy, Abortion Alternatives, Adoption Help, and Parenting Help for a year! The bottles are collected on Father’s Day weekend, June 15th.



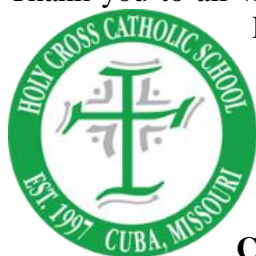
Pray For Our New Pope Pope Leo XIV



With great thanksgiving, we welcome our Holy Father, Pope Leo XIV. Let the Church find hope in this moment and let us pray together as one people of God, entrusting our new Holy Father to the guidance of the Holy Spirit. I pledge my loyalty and love to Pope Leo XIV as he takes up the mantle of Saint Peter during this challenging time. May God bless him as he serves the Church and our entire world. - *Archbishop Shawn McKnight*

Thank You for a Beautiful Legacy Dinner:

Thank you to all who came together on May 9th for the Holy Cross Legacy Dinner. Your presence, fellowship, and shared memories made the evening truly special.



Gratitude to those who organized the event, and to **Holiday Ranch Golf**

Club (formerly Cuba Lakes Golf & Country Club), (Brad and Renee Voss, and John and Lisa Eliermann) for generously donating the dinner. Special thanks also to **Stephanie Lewis** for the beautiful and delicious cake.

As Holy Cross School prepares to close, we express our gratitude to Principal: **Melinda Osentoski**, Teachers: **Elaine Barreca, Sandra Oregel, Heather Utama**, and Staff Members: **Dina Enke, Cesar Oregel, Christy Moreland**, along with the many volunteers and dedicated parents. Your years of service, love, and hard work are what made Holy Cross School so remarkable. Please keep them in your prayers as they begin new journeys.

Altar Society

Rummage Sale:

The Altar Society Rummage Sale at Holy Cross is set for **Saturday, June 7th!** Start saving your “stuff”



Donation

Drop-off Times

June 3 – 5, 2025
Tuesday – Thursday
9:00 a.m. – 2:00 p.m.
evening hours on
Tuesday & Thursday
5:00 p.m. – 7:00 p.m.



Congratulations to all the graduates of 2025.

Also all the college graduates

The Catholic Parishes of Crawford County are proud of you! May God's graces be with you all as you step ahead towards your dreams!

Deuteronomy 31:6 - "Be strong and courageous.

Don't be terrified. Don't be discouraged, for the God will be with you wherever you go."

Proverbs 16:3 - "Commit to the Lord whatever you do, and your plans will succeed."

Mass of Thanksgiving for Archbishop Shawn McKnight:

Pope Francis has appointed the Most Reverend Shawn McKnight, S.Th.D., as the fifth Archbishop of Kansas City in Kansas.



Archbishop-designate McKnight will continue serving as Bishop of the Diocese of Jefferson City until his installation in Kansas on May 27. As he prepares for this

new assignment, Archbishop McKnight invites all the faithful to a **Mass of Thanksgiving on Tuesday, May 20, at 5:30 p.m.** at the **Cathedral of St. Joseph in Jefferson City.** A light meal and reception will follow the Mass.

All are welcome, Please RSVP by visiting: diojeffcity.org/thanksgiving-mass



Volunteer Drivers Needed in Crawford County!

MOCA Transit is launching in Crawford County in 2025 and is looking for volunteer drivers to help neighbors get to vital appointments, jobs, school, and more. Use your own vehicle, set your own schedule, and get reimbursed for mileage! *Make a difference in someone's life—right from the driver's seat.* To volunteer or learn more, contact: Tony Shaw at 573-765-3183 x131 or Becky Bailey at 573-765-3183 x132 or scan the QR code to see a Facebook video with more information. *Together, we make a difference!*



Scan Me to Learn More

Learn more about the new pope



Chicago Native Cardinal Prevost Elected Pope Leo XIV

Cardinal Robert F. Prevost, a native of Chicago and former prefect of the Dicastery for Bishops, was elected the 267th pope, taking the name **Pope Leo XIV**. He is the first North American pope and previously served as an Augustinian missionary and bishop in Peru.

Addressing the crowds in St. Peter's Square, Pope Leo XIV greeted them with the words: "Peace be with you," and emphasized unity, peace, and openness within the Church. He called for a missionary and synodal Church that is close to the people, especially the suffering.

Known for his pastoral approach and dedication to service, Pope Leo brings with him decades of experience in Latin America and in guiding the selection of bishops worldwide. He holds dual U.S. and Peruvian citizenship and speaks six languages.

For the full article by Cindy Wooden (May 8, 2025), visit the **United States Conference of Catholic Bishops (USCCB)** website:

🔗 <https://www.usccb.org/news/2025/chicago-native-cardinal-prevost-elected-pope-takes-name-leo-xiv>

Mass of Thanksgiving

As he prepares for his new assignment leading the Archdiocese of Kansas City in Kansas, Archbishop Shawn McKnight is inviting all the faithful to a Mass of Thanksgiving on the evening of May 20 at the Cathedral of St. Joseph, followed by a light meal and reception. Please help us share the news of this special Mass. All are invited but seating is limited, so please make sure to RSVP to attend.
<https://diojeffcity.org/thanksgiving-mass/>



Let us give thanks to the Lord



With immense gratitude for the Diocese of Jefferson City,
Archbishop Shawn McKnight
invites you to attend a special

Mass of Thanksgiving

accompanied by a light meal and reception

May 20, 2025
5:30 p.m.

Cathedral of St. Joseph
Jefferson City, MO

All are asked to RSVP at diojeffcity.org/Thanksgiving-Mass

Faith Forward

Studies show that nearly 80% of young Catholics disengage from their faith after high school—not because they've rejected it, but because they were never intentionally connected to a new faith community. The Diocese of Jefferson City is partnering with Newman Connection's Faith Forward movement to connect high school seniors to their campus ministry or military chaplain before they leave home for college or military service. Seniors can sign up for Faith Forward using the quick online form on this page signupnc.newmanministry.com. After submitting the form, Newman Connection will connect each senior to their campus ministry using their diverse network of contacts, at no cost to the student. Please help us promote this opportunity to get our Catholic high school seniors involved quickly and easily!

High School Seniors, listen up!

College is a big transition—don't do it alone!

Sign up to connect to your college or military Catholic community **now**, and have a strong support system **before** you arrive.

Fill out the form today!



faith 
forward

PRAYER. SILENCE. LECTIO DIVINA.

ENCOUNTERING CHRIST RETREATS

On these silent retreats you can expect:

- Silence and a technology “fast”
- Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- Participation in the Divine Office and Mass with the monastic community
- Specific times for personal prayer and *lectio divina*
- Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

MEN'S RETREATS

Jan. 24–26, 2025	July 18–20, 2025
Feb. 21–23, 2025 (full)	Aug. 29–31, 2025
May 16–18, 2025	Oct. 17–19, 2025
May 30–June 1, 2025	Nov. 21–23, 2025
June 27–29, 2025	Dec. 19–21, 2025

WOMEN'S RETREATS

Jan. 17–19, 2025	July 11–13, 2025
Jan. 31–Feb. 2, 2025	Aug. 22–24, 2025
March 21–23, 2025	Sep. 12–14, 2025
May 23–25, 2025	Oct. 31–Nov. 2, 2025
June 20–22, 2025	Dec. 12–14, 2025

Pricing: \$250 per person.

Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.

*We are located in northwest Missouri:
37174 State Hwy V V | Conception, MO 64433*

*Scan the code to visit our
website for more information!*





Travel with Fr. Alexander Gabriel
Pastor of St. Peter Church - Fulton & St. Jude-Thaddeus Church - Mokane
on our JUBILEE 2025: Pilgrimage to Italy & Poland

Where: Rome • San Giovanni Rotondo • Assisi • Krakow
• Auschwitz • Lagiewniki • Czestochowa

Trip Dates: October 26th - November 7th, 2025

Cost: \$5,999.00 - 13 Days - THIS PRICE INCLUDES AIRFARE FROM ANYWHERE IN THE U.S.

For more information and the trip Itinerary visit: <https://tinyurl.com/4kdy2xs4>

To register, please contact (855) 842-8001 or (508) 340-9370

You can also register online at www.proximotravel.com

For any questions or concerns please contact:

Proximo Travel LLC

PO Box 561

Auburn, MA 01501

Phone: (508) 854-8001 | Fax: (508) 854-8003

Email: office@proximotravel.com | Website: www.proximotravel.com

P23 DISCERNMENT CAMP

An epic vocation camp for junior high guys based on Psalm 23

June 26-28 — Shelbina
July 9-11 — Camdenton



DIOCESE OF
Jefferson City



diojeffcity.org/camp-p23

P23 Camp

Camp P23 is an overnight summer camp for junior high boys that pulls from Psalm 23 in looking at Christ and his priests through the identity of a shepherd.

Over 3 days/2 nights at this outdoor-focused experience, campers join small groups led by seminarians and participate in games, prayer, and activities that promote openness to the priestly vocation. Learn more at: [/diojeffcity.org/camp-p23/](http://diojeffcity.org/camp-p23/)



Summer Missionaries:

The Diocese is in the recruitment stage for summer missionary staff and they are asking for your help! They are looking for young adults who have the gift of sharing Faith with others; and would thrive in a Catholic community focused on growing in relationship with God. Each summer they hire at least 24 young adults to serve as Totus Tuus Missionaries and Camp Staff. For more information and for the application please go to:
www.diojeffcity.org/summer-missionaries

Joyful community & faith		Adventure Sisterhood Brotherhood Leadership			
Camp Lolek FOR JUNIOR HIGH		Camp Maccabee FOR YOUNG MEN		Camp Siena FOR YOUNG WOMEN	
Boys: June 8-12 Girls: June 15-19		July 2025		July 2025	
finalized dates for Maccabee and Siena will be announced at end of month REGISTRATION OPENS JANUARY 31					
DIOCESE OF Jefferson City		DIOJEFFCITY.ORG/YOUTH-CAMPS			



Young Adult Pilgrimage to Uganda

JANUARY 2026

Young Adults (18-35) will have an opportunity to immerse in a different culture that practices the same Catholic faith.



Cost

\$2000
includes flights,
ground travel,
security, housing
and some meals



More Info



Apply Today

Application &
Interview due
by April 30, 2025



DIOCESE OF
Jefferson City

diojeffcity.org/young-adult-pilgrimage/

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember – if you don't tell us – we won't know!

Mass Intentions

FOR THE WEEK



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.



Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:



For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers – Please Help:

Holy Cross has a group of volunteers called "Heavenly Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



ASSISTIVE
LISTENING
SYSTEMS
AVAILABLE



Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.



Misa en español

CADA 1° Y 3° DOMINGO DEL MES.
MASS IN SPANISH IS EVERY 1ST & 3RD
SUNDAY OF THE MONTH

Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding, please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.



Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.

FlockNote 
Keep in touch with us
VIA EMAIL AND TEXT MESSAGE
Text: **crawfordcounty**
To: **84576**
OR online at: **HCross.flocknote.com**

Ways to Save for the Parishes:

- Turn in used **ink cartridges**. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.



(Both St. Michael and Holy Cross Save Best Choice UPC Codes) Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.



CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



MAY 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4)

PROGRESSIVES ~ The **First Progressive** is at \$4,000.00 with 6 wild balls and a consolation of \$300.00. The **Second Progressive** will be played out and pay \$500.00, \$750.00 or \$1,000.00.

QUEEN OF HEARTS ~ Just started over after a winner of \$10,100.00.

RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.

Numbers are: **185533, 185590, 185613 and 185618.**



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

Starting Tuesday, January 7th,

from 9 a.m. to 12 p.m.,

the group will gather at the

Golden Echoes Center

(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!



Pray For Our New Pope

Pope Leo XIV

We pray that Pope Leo XIV be strengthened in his ministry. May he continue building bridges that connect us to one another. May he be an example of faith, hope and love. We pray that you give him joy in his work and a renewed fervor for your Gospel message.

Are you VIRTUS certified?

Do you have your background check completed?

Have you signed the Code of Conduct?

If you are not sure, or answered “no” to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hcccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE
TO PROTECT
Child and Youth Protection



Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit cccnmo.diojeffcity.org/counseling



Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) “runs” the food bank and cooperates with the Life Line Pregnancy Center.



Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market



3rd Thursday of each month

Begins at 10:30 a.m. at the Cuba Food Pantry

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

**Always looking for volunteers!
Call today to help!**

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a “food basket” in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.



Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915



"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

Please Listen to the Diocese of Jefferson City Podcast.

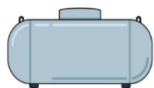


Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.



Propane Offer:

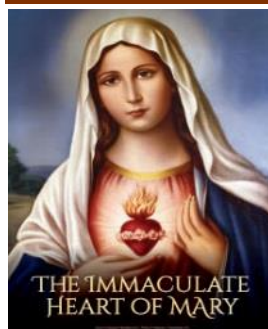
Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a minimum of 250 gallons delivered at a time and customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantle of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another. **V.** We seek refuge under your protection, O Holy Mother of God. **R.** Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.

FOR YOUR MARRIAGE

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.

Marriage Resources:

Marriage preparation – USCCB –

www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life –

www.archstl.org/marriage-family-life/resources/sexuality

Natural Family Planning - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/foccus-inventory.aspx

Prepare/Enrich provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Cana is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are as practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/





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